



Policies and Guidelines.

Affiliated to the Amateur Swimming Association and Swim 21, we are expected to conduct our activities within the rules of the Association. These rules include the ASA Codes of Conduct, Code of Ethics and Equity Policy.

The Club follows the following Code of Behaviour which we ask our members to follow. We would ask you to therefore read each category carefully so you know what is expected of you as a member of our Club. The Code will be provided to all members.

This code is in place to ensure all members have a positive experience at Southwark Aquatics Swimming Club, we therefore ask that you read and sign this document in the spirit of this aim.

Codes of Conduct.

Southwark Aquatics is a competitive swimming club, our aim is to encourage our swimmers to succeed in their goals, have pride in their club and compete to the best of their ability. Whilst swimmers should enjoy their training, competitive sport does require commitment, dedication, discipline and effort.

Parents, swimmers and coaches are asked to read and sign this code of conduct, once signed you will be welcome to take part and join our swimming program. (Please note if parents and swimmers do not sign the code of conduct, they will not be able to swim and train with Southwark Aquatics).





Dear Parents

As SASC is Swim 21 accredited, we are obliged to update, establish or clarify our policies. The Policies will help guide the Club and ensure continued success. Firstly we would like to address the Parental Code of Conduct which specifically outlines the expected behaviour of swimming parents at the Club.

We are fortunate to have a highly experienced professional coaching team working to develop our children into better swimmers and disciplined individuals. As parents, it is absolutely essential that we give coaching staff the respect and authority they deserve, to run our swim team. The coaches are employed for this purpose, and are specialists in their field.

Southwark Aquatics as an organisation highly encourages the following parental behaviour...

- Open communication between parents, swimmers and coaches (at appropriate times) emphasising goal-setting and focussing on the performance expectations of both the swimmer and parents.
- Meeting by arrangement with the coaches, swimmers and parents during normal operating hours to discuss issues.
- Positive reinforcement of all swimmers in all situations- encouraging team spirit and team loyalty.
- Parental involvement on the Committee and in organising and running fund raising and social events.
- Parents to observe their swimmer training.

Southwark Aquatics Swimming Club as an organisation will not tolerate the following behaviour from parents.

- Coaching your children at practice or during galas (that is the coaches job)
- Interrupting or confronting the coaching staff on pool side during practice or galas.
- Abusive language towards coaches, swimmers, parents, officials or your own swimmers.
- Any behaviour that brings discredit or disruption to our swimmers and our organisation.

The following page highlights the new revised Parental Code of Conduct. This code was developed as a standard Swin 21/ASA document, to emphasize our organisations commitment to making everyones involvement with our club a positive experience.





Parental Code of Conduct.

As parents of a swimmer and member of Southwark Aquatics Swimming Club, I will abide by the following code of conduct..

- Complete and return the Health Consent form as requested by the club and detail any health concerns relevant to the child on the consent form.
- Any changes in the state of your child's health must be reported to the coach prior to coaching sessions.
- Always ensure the Club has yours and your alternative's most up to date contact details. Should there be a change, please advise the Club Secretary who will update your records.
- Parents will be asked to provide a medical note for swimmers who are unwell and miss training for more than 3 scheduled sessions in a row.
- Deliver and collect your child punctually to and from coaching sessions and swim meets.
- Please inform a member of the committee or coach before a sessions starts if your child needs to be collected early, and who will be collecting them.
- For children under the age of 13 parents must wait for the first 20 mins of the session and arrive ½ an hour before they are scheduled to finish. This will ensure that in the unlikely event of the pool having to close early, swimmers will not be left waiting without adult supervision.
- Parents are encouraged to observe their swimmer training.
- Positive reinforcement of all swimmers in all situations is actively encouraged, enhancing team spirit.
- Ensure your child is properly attired for the training session/event including all required equipment hats, goggles etc. (Full kit requirements can be found on the Club website)
- If the coach changes your swimmers lane, squad or training times, this is to provide the appropriate levels of training to enable your child to progress. Please encourage this and be positive when this happens to help your child enjoy their sport and achieve their goals.
- The Head Coach has full responsibility to set the goals and targets and program for each swimmer. Parents are expected to fully support the coaches when implementing the program.
- Encourage your child to obey the code of conduct at all times, and teach them that they can only do their best.
- Behave responsibly as a spectator at training/meets and treat swimmers, coaches, committee members and parents of yours and other clubs with due respect meeting the ASA commitment to equality, diversity and inclusion.
- Show appreciation and support your child and all team members.
- Ensure your swimmers needs are met in terms of nutritional needs and listen to advice given by the clubs coach/nutritionist.
- Support the Club coach and committee appropriately and raise any concerns you have respectfully by contacting a member of the committee.



Parental code of conduct.....continued.

- Do not enter the poolside unless requested to do so or in an emergency. If you wish to have a discussion with the coach check with a committee member who will schedule a meeting or advise how a meeting can be arranged.
- Practice teamwork with all parents, swimmers and coaches by supporting the values of commitment, dedication and team spirit.
- As a parent I will not coach or instruct my swimmer, the team or any other swimmer at training sessions and galas or interfere with the coaches program on poolside.
- As a parent I will demonstrate good sportspersonship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and coaches.
- Maintain self control at all times. Know your role.....***Coaches coach, swimmers swim, officials officiate and parents support!***
- As a parent I understand that criticising, name calling and the use of abusive gestures directed towards coaches, officials and participating swimmers will not be tolerated.
- Enjoy involvement with Southwark Aquatics Swimming Club by supporting swimmers, coaches and other parents with positive communications and actions.

Sanctions: Should I conduct myself in such a way that is not in accordance with the **Southwark Aquatics Parental Code of Conduct**, I voluntarily subject myself to disciplinary action in line with the Clubs disciplinary procedures. **Southwark Aquatics Swimming Club** reserves the right to terminate any membership with due cause, in the interest of our vision, mission and objectives.

Signed.....

Date.....

Name (Block Capitals).....

The Club will undertake to:

- Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him/her.
- Ensure child protection guidelines are followed at all times to keep you child safe.
- Ensure all activities are properly supervised/taught/coached, and consent is obtained from the parent for any activity outside of that previously agreed.
- The Club will deal with any misdemeanors and breach of this code of conduct.

(September 2016)

